

**START**



## LONG ENDURANCE



SIĞACIK - TURKEY / JULY 2020

The course is breath-taking, tough and promises to challenge and inspire.

Running over hills, through olive groves, single track trails and local villages, athletes will need to be strong in order to excel in the 21,8km trail running portion of this race.

The swimming section will invite you to a salty challenge, with 11 sections - the longest stretch being 1,2km.

### LEGEND

-  - ENERGY STOPS
-  - SWIMMING
-  - RUNNING

### COURSE DETAILS

- TOTAL RACE DISTANCE **28,5 KM**
- TRAIL-RUNNING **21,8 KM**
- LONGEST SWIM **1,2 KM**
- LONGEST RUN **4,6 KM**
- SWIMMING **6,6 KM**
- SWIM SECTIONS **11**

### ALTITUDE MAP



  
**EPICBLUE**

MERIDIAN ADVENTURE  RACE

**FINISH**

SIĞACIK

HIDDEN BAY TEOS



MERIDIAN ADVENTURE  RACE

## SHORT EXPERIENCE




SIĞACIK - TURKEY / JULY 2020

This unique course is especially formulated for those who are new to the sport and passionate about the cause.

With shorter distances and only comprising of two swim sections, this format is ideal for those who are not quite ready to compete over bigger distances. It is the perfect experiential introduction to the beauty of SwimRun.

The longest run is 2,5 km and the longest swim is 480m.

### LEGEND

-  - ENERGY STOPS
-  - SWIMMING
-  - RUNNING

### COURSE DETAILS

- TOTAL RACE DISTANCE **8,4 KM**
- TRAIL-RUNNING **7,6 KM**
- LONGEST SWIM **450 M**
- LONGEST RUN **2,8 KM**
- SWIMMING **768 M**
- SWIM SECTIONS **2**

### ALTITUDE MAP

