

**START**



## LONG ENDURANCE



SIĞACIK - TURKEY / JULY 2021

The course is breath-taking, tough and promises to challenge and inspire.

Running over hills, through olive groves, single track trails and local villages, athletes will need to be strong in order to excel in the 21,8km trail running portion of this race.

The swimming section will invite you to a salty challenge, with 11 sections - the longest stretch being 1,2km.

### LEGEND

-  - ENERGY STOPS
-  - SWIMMING
-  - RUNNING

### COURSE DETAILS

TOTAL RACE DISTANCE **28,9 KM**

TRAIL-RUNNING **21,8 KM**

LONGEST SWIM **1,2 KM**

LONGEST RUN **4,6 KM**

SWIMMING **6,6 KM**

SWIM SECTIONS **11**

### ALTITUDE MAP



  
**EPICBLUE**

MERIDIAN ADVENTURE  RACE

**FINISH**

SIĞACIK ●

● HIDDEN BAY TEOS