



MERIDIAN ADVENTURE  RACE

SHORT EXPERIENCE




SIĞACIK - TURKEY / JULY 2021

This unique course is especially formulated for those who are new to the sport and passionate about the cause.

With shorter distances and only comprising of two swim sections, this format is ideal for those who are not quite ready to compete over bigger distances. It is the perfect experiential introduction to the beauty of SwimRun.

The longest run is 2,5 km and the longest swim is 480m.

LEGEND

-  - ENERGY STOPS
-  - SWIMMING
-  - RUNNING

COURSE DETAILS

TOTAL RACE DISTANCE **8,8 KM**

TRAIL-RUNNING **7,6 KM**

LONGEST SWIM **450 M**

LONGEST RUN **2,8 KM**

SWIMMING **768 M**

SWIM SECTIONS **2**

ALTITUDE MAP

